

THE HOUSE OF PRAYER

The House of Prayer was built on land leased to the Episcopal Diocese of Minnesota by St. John's Abbey, one of the largest Roman Catholic monastic communities in the world. The House of Prayer is beautiful, simple and elegant and reflect the tranquility of the surrounding countryside. St. John's Abbey and St. John's University and all they have to offer -- the famed Abbey Church, the Hill Monastic Manuscript Library, Liturgical Press and more -- are within walking distance.



LOCATION

Collegetown is approximately two hours north/northwest of Minneapolis. If you come by air, it is a straight and easy drive from the Minneapolis airport. Limousine service is available from the airport to Collegetown.

FEES

Includes programming, lodging, and meals

Single room: \$850 per person

Shared room: \$600 per person

PAYMENT SCHEDULE

Fees can be paid in full or in two installments.

Contact us to pay in more installments.

Deposit: \$350, with registration

Final payment: \$500-single, due Aug 31

\$250-shared, due Aug 31

CANCELLATIONS & REFUNDS

Deposits, less a \$50 administration fee, are refunded for cancellations prior to July 31. Deposits are non-refundable after July 31.



Friends of Saint Benedict

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A BENEDICTINE EXPERIENCE

Monastic Formation

What can we learn?

What can we use?



The Episcopal
House of Prayer
& St. John's Abbey
Collegetown, Minnesota

**September
24-29, 2013**

Sponsored by
Friends of St. Benedict
and
The House of Prayer

A BENEDICTINE EXPERIENCE

This is a time designed for those who wish to nurture and strengthen their daily lives through prayer and spiritual companionship—young and old, active and retired, laity and clergy. The Experience is modeled after the balanced way of life set out by St. Benedict in the Rule, giving due attention to body, mind, and spirit. The Experience provides a framework for growth in personal faith and support for bearing witness to Christ at home, work, and church.



Participants are led through an ordered Benedictine day of prayer, study, work and leisure by the Steward of the House of Prayer, The

Rev. Ward Bauman, and Friends of St. Benedict Executive Director, Kurt Aschermann.

THE RULE OF BENEDICT

St. Benedict of Nursia (480-547) was the founder of Western Monasticism. His Rule for Monasteries is still in use 1500 years later by every Benedictine monastery in the world. Our Benedictine Experience is first and foremost guided by St. Benedict and each day mirrors the day of the monks and nuns who live according to his Rule.

Monastic Formation:

What can we learn?

What can we use?

In this unique Benedictine Experience we will 'immerse' ourselves in the monastic life of the monks at St. John's Abbey. Under the direction of the monks, including the Novice Director, we will explore the components of Benedictine monastic life that make up the 'education' of a new monk and consider what aspects of that education are applicable, and useable, by non-monastics living in the world.

Conferences

Tuesday

1. St. Benedict for the Rest of Us
2. What is Monastic Formation and How Can We Use It?

Wednesday

1. Benedict as Environmentalist
2. Benedict and Work

Thursday

Desert Day: complete silence observed, no conferences.

Friday

One conference will be with the nuns at St. Benedict's Monastery.

1. Benedictine Vows and the Rule
2. Lectio and Contemplative Prayer, and the Opus Dei

Saturday

1. Creating a Personal Horarium
2. What Do We Do With This Information?

SCHEDULE

The Benedictine Experience begins at 5:00 p.m. on Tuesday, September 24, and ends after lunch on Sunday, September 29. In keeping with the stability essential to Benedictine monastic life, participants should be in residence from the first through the last days of the program.

THE DAILY HORARIUM

All aspects of this experience are voluntary, but it is recommended that those attending participate in as much of the schedule as they can to benefit from the full experience.

- 7:00 am Morning Prayer—Abbey Church
- 7:45 am Breakfast (in silence)—EHOP
- 8:30 am End of the Great Silence
- 8:45 am Conference #1—EHOP
- 10:00 am Mass and Terce—EHOP
- 12:00 pm Mid-day prayer—Abbey Church
- 12:30 pm Lunch with reading—EHOP
- 2:00 pm Work on site
- 3:30 pm Conference #2—EHOP/Abbey*
- 5:30 pm Dinner with recreation—EHOP
- 7:00 pm Evening Prayer—Abbey Church
- 8:30 pm Compline—EHOP
- 8:45 pm Beginning of the Great Silence

*Tuesday conference #2 will be at 7:30pm

